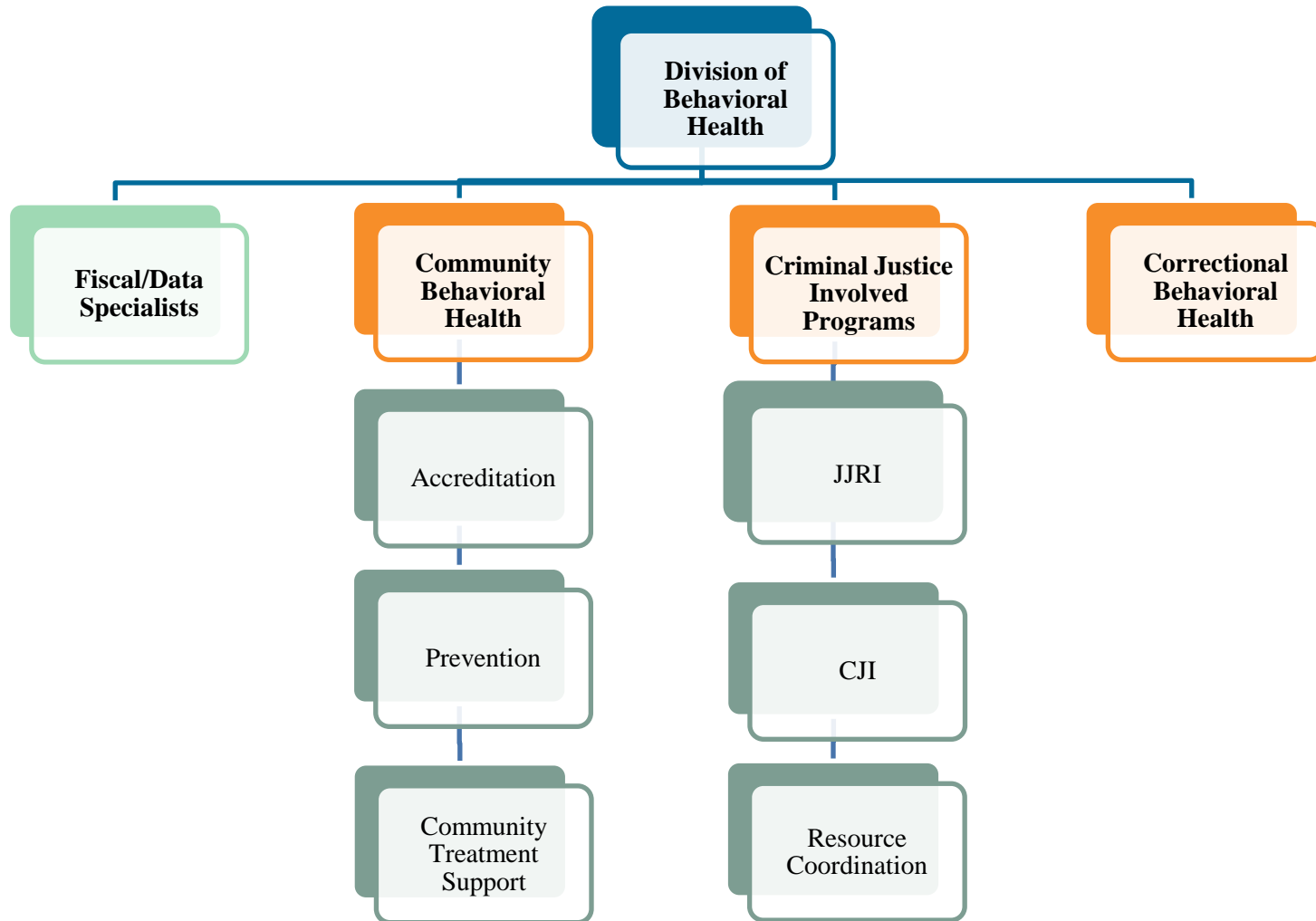


The background of the slide features a light gray silhouette of a family of five standing outdoors. From left to right, there is a man, a woman, and a small child in the back row, and two more children in the front row. The family is positioned against a bright, hazy background, creating a soft, ethereal effect. A solid orange horizontal band runs across the middle of the slide, framing the title.

Division of Behavioral Health

Division of Behavioral Health



Community Behavioral Health Services

- Mental Health Services
- Substance Use Disorder Services
- Prevention Services
- Behavioral Health Services for Justice Involved Clients

Access to Behavioral Health Providers and Services

- How to access services:

Step 1

- Contact a local behavioral health provider to schedule an appointment

Step 2

- The behavioral health provider completes an assessment to determine diagnosis and treatment needs

Step 3

- Based on the assessment, the behavioral health provider recommends behavioral health treatment services

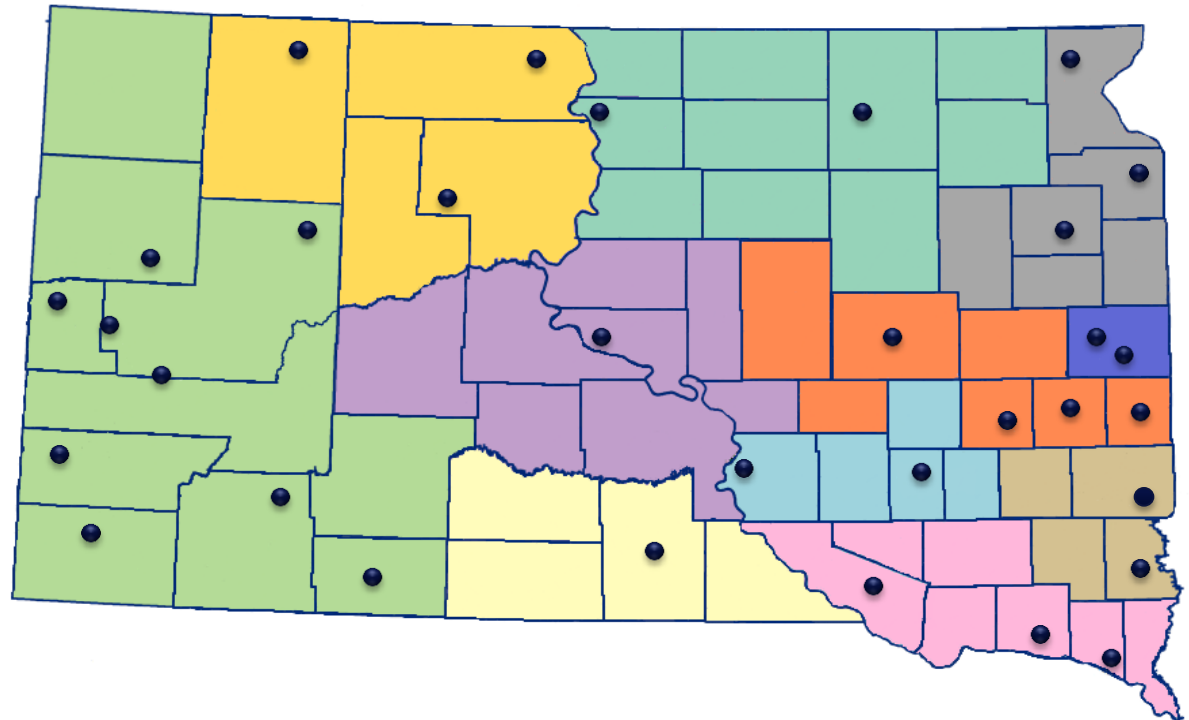
FY 18 Accredited Agencies

Total Unique Behavioral Health Providers	51
Community Mental Health Centers	11
Unique Accredited Substance Use Disorder Treatment Providers and Prevention Providers	50
Substance Use Disorder Treatment Providers	39
Prevention Agencies	24

Statewide Accredited Providers

Alphabetical by Community Mental Health Center

- Behavior Management Systems
- Capital Area Counseling Services
- Community Counseling Services
- Dakota Counseling Institute
- East Central Behavioral Health
- Human Service Agency
- Lewis & Clark Behavioral Health Services
- Northeastern Mental Health Center
- Southeastern Behavioral HealthCare
- Southern Plains Behavioral Health Services
- Three Rivers Mental Health Center



Substance Use Disorder Providers

- Accredited Substance Use Disorder Providers and Satellite Offices

Community Mental Health Center Services

- 11 Community Mental Health Centers – provide services to adults, adolescents, and children
- Services include screenings and assessments, case management, individual therapy, group therapy, and crisis intervention
- CMHCs provide the following outpatient treatment services across the lifespan:
 - Outpatient – non SED/SMI
 - Children, Youth, and Family (CYF) Services – children with serious emotional disorders (SED)
 - Comprehensive Assistance with Recovery and Empowerment (CARE) – adults with serious mental illness (SMI)
 - Emergency Services
 - Individualized Mobile Programs of Assertive Community Treatment (IMPACT): Yankton, Sioux Falls, Rapid City, Huron, Aberdeen, Pierre

Outpatient Services

- **Outpatient Services** – mental health services provided to individuals who do not meet full serious emotional disturbance (SED) or serious mental illness (SMI) criteria
- **Eligibility:**
 - Must have a diagnosed mental health disorder
- **SFY18 Numbers Served:4,890**

Serious Mental Illness (SMI)

Eligibility Criteria

- **An individual with a serious mental illness is an individual who:**
 - Adult client must meet one of the following:
 - Undergone psychiatric treatment more than once
 - Experienced an episode of psychiatric hospitalization and with an Axis I or II diagnosis
 - Been on psychotropic medication for at least one year
 - Has frequent crisis contact with CMHC (or another MH provider) for the last 6 months as a result of a mental illness
 - AND must meet three of the following:
 - Unemployed and has poor job skills or work history
 - Inappropriate social behavior
 - Unable to obtain public services without assistance
 - Requires public financial assistance for out-of-hospital maintenance/budgeting/requires a payee
 - Lacks social support systems
 - Unable to perform basic daily living skills without assistance
 - Intellectual disabilities, epilepsy, other developmental disabilities, alcohol or substance abuse, or brief periods of intoxication, or criminal behavior do not, alone, constitute severe mental illness.

CARE Services

- **Comprehensive Assistance with Recovery and Empowerment (CARE)** – person-centered, relationship and recovery-focused, and co-occurring capable within an integrated system of care which provides services that are medically necessary related mental health treatment, rehabilitative, and support services to adults meeting Serious Mental Illness (SMI) criteria
- **Eligibility:**
 - Mental disorder diagnosis
 - Has undergone psychiatric treatment more intensive than outpatient
 - Demonstrated need for services in addition to mental health services
- **SFY18 Numbers Served: 7,004**

IMPACT

- **Individualized Mobile Programs of Assertive Community Treatment (IMPACT)** – highest level of outpatient treatment for adults meeting SMI criteria who can't be served in less restrictive services
 - Based on the Assertive Community Treatment model
 - Organized as a mobile group of mental health professionals within one service delivery team
 - Services similar to CARE but provided at a more intensive level with a team approach to treatment and the total number served is capped
- **Eligibility:**
 - Same as CARE along with no other appropriate community-based services available, multiple psychiatric hospitalizations or other inpatient/residential services. Minimum number of contacts per month is 16.
 - Must be approved by the Division of Behavioral Health
 - Service is provided in 6 communities: Yankton, Sioux Falls, Huron, Rapid City, Pierre and Aberdeen
- **SFY18 Numbers Served: 288**

Additional Mental Health Services

- **Emergency Services -**
 - available 24/7 for persons experiencing a mental health emergency or crisis provided by all CMHCs.
- **Indigent Medication -**
 - The indigent medication program provides temporary financial support for psychotropic medication and/or lab costs.
- **Projects for Assistance in Transition from Homelessness (PATH) -**
 - federal grant to provide community-based outreach, mental health and substance use disorder services, case management, and limited rental/security deposit assistance
 - Eligibility - Individuals who are homeless or at imminent risk of becoming homeless
 - Federal Fiscal Year 2017 Numbers Served: 246
 - 5 of the 11 CMHCs participate

Community Substance Use Disorder Services

- Prevention Services
- Treatment Services

Community Substance Use Disorder Services

- 39 Accredited Substance Use Disorder Providers
- Services include screening/assessment to determine most appropriate level of care
 - Outpatient
 - Day Treatment
 - Low Intensity Residential Treatment
 - Inpatient Treatment
 - Intensive Meth Treatment
 - Detox

Outpatient Services

- **Outpatient Services** – early intervention, assessment services, individual and group counseling for adults and adolescents
 - **Outpatient (1.0)** - Non-residential program which provides services to those persons harmfully affected by alcohol or drugs through regularly scheduled counseling services.
 - Less than 9 hours per week for adults
 - Less than 6 hours per week for adolescents
 - **Intensive Outpatient Treatment (2.1)** - A non-residential program which provides a clearly defined, structured, intensive outpatient treatment program.
 - A minimum of 9 hours for adults and minimum of 6 hours for adolescents of counseling per week; to be provided within 2 or more separate sessions.
 - **Numbers Served FY18: 7,470**

Day Treatment

- **Day Treatment (2.5)** – provides clients with a combination of individual, group, or family counseling services.
 - Minimum of 20 hours for adults per week
 - Clients attend specialized topics that address specific needs outlined in the treatment plan for 5 of the 20 required hours
- **Numbers Served FY18: 155**

Clinically-Managed Low Intensity Residential Treatment

- **Clinically-Managed Low Intensity Services (3.1)** – Services in a residential setting that include individual and group counseling, family counseling and education for family members, and case management.
 - Allows residents to maintain employment and community supports while residing in a sober living environment. The intent is to assist the residents as they transition into their own sober living environment.
 - A minimum of 5 hours of counseling per week.
- **Numbers Served FY18: 792**

Medically-Monitored Intensive Inpatient Treatment

- **Inpatient Services (3.7)** – residential services that provide a medically monitored and structured intensive treatment program
 - Prior authorization from the Division is required
 - 30 hours of treatment or more per week
- **Numbers Served FY18: 510**
- **For adolescents the Psychiatric Residential Treatment Facilities (PRTF)** program is designed for adolescents with a primary diagnosis of alcohol and other drug abuse.
 - Prior authorization from the Division is required
 - 15 hours of treatment per week
- **Numbers Served FY18: 284**

Specialized Treatment Services

- **Intensive Methamphetamine Treatment Services**
 - Numbers Served FY18: 143
 - Expansion of Methamphetamine Services
- **Detoxification Services**
 - Numbers Served FY18: 1,230
- **Criminal Justice Initiative (CJI)**
 - Numbers Served FY18:
 - Substance Abuse Treatment including CBISA and Aftercare: 2,578
 - Moral Reconciliation Therapy (MRT): 1,139
 - 3.1 Low Intensity Residential Services: 365
- **Juvenile Justice Reinvestment Initiative (JJRI)**
 - Numbers Served FY18:
 - Functional Family Therapy (FFT): 714
 - Moral Reconciliation Therapy (MRT): 248
 - Aggression Replacement Training (ART): 118

Behavioral Health

- Treatment services are available
 - Behavioral Health Website
 - <http://dss.sd.gov/behavioralhealth/agencycounty.aspx>
 - SAMHSA Treatment Locator
 - <https://findtreatment.samhsa.gov/>
- Funding assistance is available
 - 185% of FPL
 - Hardship Considerations



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